

A \$200 Gift Certificate for



-Show Me Farms Beef is tender and great tasting beef unlike anything you'll ever get in the grocery store. Steers are raised on grass pastures and are also fed corn, oats, all natural protein and ground flax seed. Ground flax seed in the diet produces a 600 percent increase in the Omega 3 fatty acid content in the meat.

-Shipping on dry ice anywhere in the contiguous 48 states is free.

-You order the exact cuts you want from Jerome by phone (573-449-4250) and they will be sent out the following Tuesday. A full listing of products can be found at www.borntenderbeef.com so that you can plan your order.



Jerome Grethen
Farm Manager

Sample \$200 value packages are listed below:

Fifteen 8-12 oz Kansas City Strip Steaks

Ten 8-12 oz Kansas City Strip Steaks
Four 8-10 oz Boneless Rib Eye Steaks
One 1 pound of Ground Chuck

Four 8-12 oz Kansas City Strip Steaks
Four 8-10 oz Boneless Rib Eye Steaks
Two 16-20 oz Top Sirloin Steaks
One 3 ½ - 4 ½ pound Chuck Roast

Four 8-12 oz Kansas City Strip Steaks
Two 8-10 oz Boneless Rib Eye Steaks
Two Filet Mignon Steaks
One 3 - 4 pound Sirloin Tip Roast
One 3 ½ - 4 ½ pound Chuck Roast
One 1 pound Ground Chuck



Donated by the University of Missouri
College of Veterinary Medicine
VETERINARY MEDICAL DIAGNOSTIC LABORATORY